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ACTIVITIES UNDER AZAADI KA AMRUT MAHOTSAV w.e.f March

Name of Event: Intra-college essay competition

Dates: 12th March

Theme: ACTION@75

Description: In connection with the celebration of 75th Independence Day - Azadi ka Amrut Mahotsav - GDC Jindrah organized an intra-college essay competition on the topic 'Atmanirbhar Bharat' in all languages under the guidance of Prof. Raj Shree Dhar, the Principal of the college and NSS in-charge Dr. Sunil Dutt Sharma. The entries were submitted by the students of the college - Eishika Sharma, Priya Jamwal, Anil Kumar, Jungbhadur Khan, AnhuRati, Nisha Rani, Preeti Sambyal and many others. The students participated enthusiastically and received appreciation and prizes from their teachers.

Name of Event: Observance of Martyrs Day

Dates: Mar.24-Mar. 26th

Theme: FREEDOM STRUGGLE

Description: Three-day workshop on the theme, "Environmental Awareness", organised by the NSS unit of Government Degree College (GDC) Jindrah in collaboration with the Department of Environmental Sciences, concluded here on Tuesday. The NSS volunteers observed martyrs day on the concluding day of the workshop and paid tributes to the freedom fighters who had lost their lives in the struggle for India's independence.

The martyrs day was celebrated under 'Azadi ka Amrut Mahotsav'—a series of events organised by the Government of India to commemorate 75th anniversary of Independence. On the first day of the workshop, the NSS volunteers celebrated 'World Sparrow Day' to raise awareness about the bird. On the occasion, the volunteers distributed nest boxes and water pots to the people in view of upcoming summers to save house sparrows from scorching heat.

On the second day, the NSS volunteers celebrated World Forest day with enthusiasm. They also conducted a plantation drive in the area and urged the local people to plant more trees for preserving green cover and protecting the environment.

Around 20 students participated in the programme. A volunteer, Latief Choudhary Bhagat Singh also highlighted the role of Shaheed Bhagat Singh in the struggle for India's independence.

APRIL

Name of Event: National level online quiz competition on freedom struggle and achievements

Dates: 29th April

Theme: FREEDOM STRUGGLE

Description: The NSS unit of GDC Jindrah under AAZADI KA AMRIT MAHOTSAV organized a National Level Quiz Competition on the Freedom Struggle and Achievement after which took place under the guidance of Prof. Rajshree Dhar, the Principal of the college. A total number of 212 students from different states like Karnataka , Uttarakhand, J&K participated out of which 197 students cleared the Quiz Competition. The qualifying criteria was set to acquire the minimum of 50 percentage. Dr. Sunil Sharma, the NSS Program Officer and Prof. Poonam Rainu, the Convener of NSS Unit supervised the whole program. Prof. Jasneet and Dr. Vikesh Kumar framed the Quiz using the Google Form as a tool. Dr. Seema, the organized and compiled the whole programme.

MAY

Name of Event: Seven day campaign for Prevention of Corona virus

Dates: 15TH -21st MAY

Theme: @Resolve75

Description: Online Poster making for awareness about sanitisation, social distancing and vaccination for COVID 19 as part of Azadi ka Amrit Mahotsov run by NSS Unit of GDC, Jindrah under the guidance of the Principal of the college, Dr. Rajshree Dhar. NSS volunteers of GDC, Jindrah initiated a seven day online campaign for spreading awareness about the prevention form Corona virus and considered this campaign as a march to fight this deadly virus through awareness only under the supervision of Prof Sunil Dutt Sharma, NSS programme officer. Dr Sunil Dutt Sharma stated that Azadi ka Amrit Mahotsav shall be a Jan Mahotsav and the programs will be organized as per the interest of the general public and community service. First day NSS volunteers sanitized various local areas and government offices and on second day volunteers made people aware about the preventive measures to be taken against spread of corona virus by sharing their posters with local folk through all social means such as Facebook, Twitter and WhatsApp etc. as these platforms are accessible to all during this lockdown phase . Masks were made by volunteers and distributed to poor people and labourers.

JUNE

Name of Event: Observance of Anti child labour day- Saksharta mission

Date: 12th June

Theme: @Action75

Description: Fifteen Child Laborers were rescued, motivated and admitted at primary school, Jindrah by NSS Unit of GDC Jindrah under its three month long Saksharta Mission as a part of Azadi ka amrut mahotsav. The NSS unit of Government Degree College (GDC), Jindrah today observed 'Anti Child Labour Day' in presence of Prof. Rajshree Dhar, the Principal of GDC Jindrah. The esteemed guests present on the occasion were Mr. Dhruv Gupta, Tehsildar, Dansal and Mr. Anil Sharma, President. All J&K Panc Sarpanch Conference. During the event details of three month long saksharta Mission were shared by Dr. Sunil Sharma, Programme Officer, NSS unit of GDC Jindrah. It was proudly shared in the presence of Principal madam, esteemed guests and locals that how fifteen Child Laborers who used to worked in a Brick Klin were rescued, motivated and convinced to be admitted at primary school, Jindrah by NSS Unit of GDC Jindrah under its three month long Saksharta Mission. Mr. Vishal Sharma, teacher, Primary School, Jindrah also actively participated in the three month long Saksharta Mission to make it successful. The NSS volunteers of the college also distributed stationery and food items amongst the rescued children.

Name of event: Awareness campaign 'Beti Bachao Beti Padhao' & PM Jan Dhan Yojna scheme by NSS Unit of GDC Jindrah

Dates: 22-23rd June

Theme: @Action75

Description:

On June 22: The NSS unit of Government Degree College (GDC), Jindrah initiated a series of events under 'Beti Bachao Beti Padhao' scheme by organizing a door to door campaign in three different villages viz. Khara, Saley, Pugani under Panchayat Jandrah.

The NSS volunteers of GDC Jindrah visited the villages and pointed out the children in these areas which are still far away from basic primary education. A list of these children, was prepared so that in future, efforts can be made to persuade children and their parents to get them admitted in schools.

An appeal in this regard was also made before Mr. Dhruv Gupta, Tehsildar, Dansal, who not only gave a patient hearing but also promised to help these children in every possible way. The NSS volunteers made locals of the area aware not only about Beti Bachao Beti Padhao scheme but also about various other center sponsored schemes in favour of children. Besides, stationery items were also distributed to other school going children of the area to motivate the children who are not willing to go to school. The efforts made by NSS Unit of GDC Jindrah were well appreciated by the Prof. Rajshree Dhar, the Principal of GDC Jindrah. Under her guidance, Dr. Sunil Sharma, Programme Officer, NSS unit of GDC Jindrah coordinated the whole door to door campaign of the day successfully.

Jindrah (Jammu), June 23: The NSS unit of Government Degree College (GDC), Jindrah today held Awareness programme for locals of village under Panchayat Jandrah about various centre sponsored schemes especially Pradhanmamtri Jan Dhan Yojna. The NSS volunteers of GDC Jindrah visited the villages that fall under Panchayat Jandrah to make people aware of Pradhanmantri Jan Dhan Yojna. The campaign was well organized by Dr. Sunil Sharma, Programme Officer, NSS unit of GDC Jindrah under the guidance of

Prof. Rajshree Dhar, the Principal of GDC Jindrah. The NSS volunteers viz. Priya Jamwal, Diksa Jamwal, Ishika Sharma, Preeti sambyal and one of the alumni of GDC Jindrah Chakshu Sharma discuss in detail how to open Jan dhan Khata and the benefits associated with it to the locals. The people of the area very attentively listened the programme as well as clarified their queries in this regard.

Dates: June 28th-29th

Theme: ACTION@75

Name—Awareness campaign about PM Bima yojna and PM ujjwala Yojna

Description: A programme was organised by NSS Unit of GDC Jindrah at Panchyat Ghar, Pounthal to create awareness among the locals about the benefits of "Pradhanmantri Jiwan Bima Yojna". The programme was part of the Awareness campaign on "Centre's welfare schemes" launched by NSS Unit under the guidance of Principal of college Dr. Raj Shree Dhar. Among the NSS team Dr. Sunil Dutt Sharma program officer, priya Jamwal and Kiran Sharma briefed the gathering about the different aspects of Jiwan Bhima Yojna. On the occasion Sarpanch Anil Kumar and Panch Narayan singh , Mohinder singh, Rita Devi, Karan Singh were present. Awareness Campaign for center sponsored scheme 'Pradhan Mantri Ujjwala Yojna' held at Jindrah village by NSS Unit of GDC Jindrah

Jindrah (Jammu), June 29: The NSS unit of Government Degree College (GDC), Jindrah today organised a door to door awareness campaign for locals of Jindrah village in respect to center sponsored scheme 'Pradhan Mantri Ujjwala Yojna' (PMUY) which was launched by Prime Minister of India Narendra Modi on 1 May 2016 to distribute LPG connections to women of Below Poverty Line families. The NSS volunteers of GDC Jindrah

today visited the families of village Jindrah who are below the poverty line and gave them details of PMUY and how they can avail benefits from this scheme which aimed at safeguarding the health of women & children by providing them with a clean cooking fuel – LPG, so that they don't have to compromise their health in smoky kitchens or wander in unsafe areas collecting firewood.

JULY

Name of event: Medical camp held at GDC Jindrah by NSS Unit, GDC Jindrah in collaboration with AYUSH

Date: July 02

The NSS unit of Government Degree College (GDC) Jindrah in collaboration with AYUSH organised a Medical Camp at village Jindrah under the supervision of a team from the AYUSH, Jammu.

The campaign was inaugurated by Prof. Rajshree Dhar principal, GDC Jindrah with Ribbon cutting ceremony. Dr. Komal, Medical Officer, Nagrota initiated program by planting saplings of medicinal herbs as Van Mohotsav week is going on. Prof. Poonam Rainu

presented formal welcome address. The activity incharge for the occasion were NSS volunteers viz. Arun Sharma, Anil Kumar, Vidhushi Verma and Shikha Goswami.

Dr. Mohan Singh, Director Indian system of medicine , Jammu , Dr . Suresh Sharma ADMO , Jammu were also present on the occasion and discussed in detailed about the benefits of Ayurveda in today's Era A total no.of 282 participants including 50 volunteers attended the event. Dr. Sunil Sharma, Programme Officer, NSS unit of GDC Jindrah delivered a lecture on the contribution of yoga, Ayurveda and Adhyatam in Indian Diaspora and its necessity in today's world. The other team member presented on the occasion were Sanjeev Kumar, Head pharmacists, Ramesh Kumar head pharmacists, and Ramesh Chander, supervisor, AYUSH Kishanpur . The worthy principal, Dr. Rajshree Dhar appreciated and acknowledged the efforts of NSS volunteers and AYUSH department for arranging such a wonderful event and making locals aware of contribution of Ayush and its importance in maintaining health.

AUGUST

Name of Event: Sadbhavana Divas" observed at GDC Jindrah

AUG. 20, 2021:

Jindrah (Jammu): The Government Degree College (GDC), Jindrah observed 'Sadbhavana Divas' in the college premises. The staff and students took the pledge to promote goodwill and harmony among all the communities irrespective of cast, creed,color, race, gender and religion. The pledge was undertaken under the guidance of the Principal, Prof. Raj Shree Dhar.

Aug.26-28th, 2021, MEGA-PLANTATION DRIVE under Azaadi Ka Amrut Mahotsav

Jindrah (Jammu), August 26: The NSS unit of Government Degree College (GDC) Jindrah conducted a Plantation Drive at Kahpota Panchayat.The whole plantation drive was done under the supervision of Dr. Sunil Sharma, Program officer, NSS Unit of GDC Jindrah. The NSS volunteers planted saplings of different trees in areas under the jurisdiction of Kahpota Panchayat. During the event Mr. Dhruv Gupta, Tehsildar, Dansal was also presented to motivate and support NSS volunteers for plantation drive.

Prof. Raj Shree Dhar, principal, GDC Jindrah applauded the efforts made by NSS Unit of GDC Jindrah.The whole event of plantation drive was compiled by Dr. Seema. The other eminent personalities who were presented on the occasion to support plantation drive are Naib Tehsildar, Kasturi Lal; Social Activist, Mr. Maheshwar Singh; and teachers viz., Mr. Vishal Dev, Mr. Sunil Kumar, Mr. Subhash Singh and Mr. Shyamalan Singh. A total no. of five hundred saplings of different trees were planted with the efforts of everyone present on the occasion. The drive was very much appreciated by the locals and they also participated in the event.

The NSS unit of Government Degree College (GDC) Jindrah under the supervision of Dr. Sunil Sharma, Program officer conducted a Plantation Drive at Pounthal Panchayat to mark the theme of Azaadi Ka Amrit Mahotsav. The NSS volunteers planted as many as two hundred saplings of different trees of medicinal value in areas under the

jurisdiction of Pounthal Panchayat. The areas covered under the drive were panchayat ghar, Govt Middle School and dispensary of Chulana. During the event Sarpanch, Anil Barsala; Panches ; staff of school and dispensary; and locals were also presented to support and participate in the drive. Prof. Rajshree Dhar, principal, GDC Jindrah not only provided the guidelines to conduct the plantation drive but also applauded the efforts made by NSS Unit of GDC Jindrah. The whole event of plantation drive was compiled by Dr. Seema. The drive was very much appreciated by all the eminent personalities and locals presented on the occasion. Everybody very actively participated in the event and made this drive a huge success.

SEPTEMBER

NSS Unit of GDC Jindrah holds a Medical Camp under "POSHAN MAAH" series as a part of Azaadi ka amrut mahotsav

Jindrah (Jammu), September 15 : The NSS unit of Government Degree College (GDC) Jindrah in collaboration with the Directorate of AYUSH organised a Medical Camp under "Poshan Maah" at the Govt. Middle School falling under the jurisdiction of Panchayat Nagola.

A series of events were conducted so far under "Poshan Maah". Today a Medical Camp was organized at the Govt. Middle School of Nagola Panchayat to educate locals about AYUSH and its increasing popularity around the world as people are again coming back to health resources which are more reliable, sustainable, and less harmful. Especially, Yoga has become the icon of health in the whole world. The holistic approach of AYUSH is making this health system more popular.

The whole program was done under the supervision of Dr. Sunil Sharma, Program officer, NSS Unit of GDC Jindrah who was assisted by the whole NSS Unit and volunteers of GDC Jindrah. Prof. Rajshree Dhar, principal, GDC Jindrah highly appreciated the move and congratulated the whole NSS team for organizing such medical camps for the welfare of the society. The whole program was compiled by Dr. Seema, Librarian and member of NSS team of GDC, Jindrah.

The medical team comprises of Medical officers viz., Dr Anita Kumari and Dr Sanjay Raina; Head pharmacist, Mr. Ramesh Kumar and pharmacist, Mr Sanjeev kumar of Govt Ayurvedic Dispensary(GAD), Kharta were present during the event for the treatment and prescription of medicines for diseases as described by the locals of the area. The teachers viz., Sanjay Sharma & Yashpal Singh; and Social workers viz., Sanjay Sharma, Sham Lal and Parvez were also present during the camp.

The locals appreciated the camp very much and attentively attended the whole camp and also get prescriptions for their treatment from the medical team presented during the camp.

OCTOBER

Rashtriya Ekta Diwas' is being observed on the Birth Anniversary of Sardar Vallabhbhai Patel, across the country today, on 31st October. On this occasion members of EBSB Club of GDC Jindrah in collaboration with NSS UNIT of the college organised pledge taking ceremony on the occasion and celebrated National Unity Day through digital mode under the leadership of Prof. (Dr.) Rajshree Dhar , Principal of the college , she elaborated about capabilities, qualities and nature of the leadership of Sardar Patel. She said that Sardar Patel, one of the best disciples of Mahatma Gandhi, was a grass-root leader and a great organiser, who understood thoughts and pulse of the masses. The whole activity was executed by Prof . Poonam Rainu , Nodal Officer EBSB Club, she narrated that, it is the legacy of his selfless service for the nation and the leadership quality for nation-building. Representatives of all Semesters namely Lateif and Manisha Devi of 5th semester, Eshika Sharma and Anil Kumar of 3rd Semester and Priya Devi and Sunil Dutt of 1st semester took pledge in the college premises and all other students of the college connected with them online through virtual mode . The whole activity was conducted with the efforts of faculty and students of the college

NOVEMBER

Name: Awareness of 'Beti Bachao Beti Padhao' scheme-JAN BHAGIDAARI

Jindrah (Jammu), November 17: The NSS unit of Government Degree College (GDC), Jindrah held a rally in Jindrah village to make locals aware of 'Beti Bachao Beti Padhao' scheme of Govt. of India under the banner of "Azaadi Ka Amrit Mahotsav". Dr. Sunil Sharma, Program officer, NSS Unit of GDC Jindrah supervised the whole Rally and Dr. Seema, Librarian and member of NSS team compiled and reported the Rally. Prof. Raj shree Dhar, Principal, GDC, Jindrah applauded the efforts of the NSS team and Volunteers.

The NSS volunteers along with staff initiated the rally from the college premises. The rally was headed further in and around the surroundings of village Jindrah and passed across the public places of the Jindrah village like ward no. 1, 2 and 3, Bank, PHC, market area etc. The NSS volunteers made locals of the area aware about 'Beti Bachao Beti Padhao', a center sponsored scheme for the girl child only. The scheme aimed at prevention of gender biased sex selective elimination to ensure survival & protection of the girl child. The scheme further ensure education and participation of the girl child in the mainstream. The villagers very attentively listened to the volunteers and convinced to educate the girl child. The villagers also inquired about the various benefits associated with the scheme and cleared their doubts in this regard.

Name: Conducted Swachhata Abhiyaan under #CleanIndia at Devak

Jindrah (Jammu), November 15: The NSS unit of Government Degree College (GDC) Jindrah conducted Swachhata Abhiyaan under #CleanIndia at Devak, the site adopted

by NSS Unit of GDC Jindrah. The The activity was done under the banner of 'Azaadi ka Amrit Mahotsav'. Dr. Sunil Sharma, Program officer, NSS Unit of GDC Jindrah supervised the whole drive and Dr. Seema, Librarian and member of NSS team compiled and reported the event.

Prof. Rajshree Dhar, Principal, GDC, Jindrah applauded the continuous efforts of the NSS team and volunteers in organizing the cleanliness drives in the area.

The NSS volunteers along with staff and team visited the site and clean the area while adhering to COVID protocol. The locals of the area were also made aware of the cleanliness drive impact and were made learned to throw garbage in the dustbin, ban usage of plastic bags and dumping green waste separately, so that it can be composted. The locals gave a very patient hearing to the NSS volunteers and team and also appreciated the efforts made by them . They also took oath to maintain cleanliness in and around the surroundings of Devak.



Martyrs' Day-23rd March, 2021



MAKING MASKS FOR PUBLIC--Atma-Nirbhar-Bharat



AYUSH MEDICAL CAMP AT GDC JINDRAH



CAMPAIGN BBBP IN JINDRAH TOWN BY GDC JINDRAH STUDENTS



SWACHHTA ABHIYAN AT GDC JINDRAH



Poshan Maah Celebrations in Sept. By GDC Jindrah